

Sources for Remedies and Supplies that Tom Bowen Recommended:

<p>Lectric® Soda Bowtech Ease Bowtech Balance Formula</p> <p>Order from Ruth Montgomery rmacademybw@gmail.com</p>	<p>Iodex® Salve (Active Ingredients: Oil of Wintergreen, 4.8%; Iodine, 4.7%)</p> <p>Amazon www.Amazon.com or Lee Pharmaceuticals 1434 Santa Anita Ave. South El Monte, CA 91733 800-950-5337 Order online at: http://leepharmaceuticals.com</p>
<p>Apple Cider Vinegar (with the mother)</p> <p>Available at most health food stores. or http://bragg.com</p>	<p>Epsom Salts</p> <p>Available at most pharmacies and grocery stores.</p>
<p>3" width - elastic adhesive bandages</p> <p>Bandages Plus http://www.bandagesplus.com/ or Vitality Medical http://www.vitalitymedical.com</p>	